

Susquehanna Trail Dog Training Club

June 2015

Old Friends

by Connie Cuff



"The following information was taken from the Whole Dog Journal and is for your information only. Anything I print in the Newsletter can be used to guide you in choosing and researching what is best for your dog".

There is a lot of discussion these days on "what kind of food should I feed my dog". The answer is not simple, but you should always read labels and it is suggested that you should rotate between 3-4 of the best every 4-6 months. The reason being that the foods are made by different manufacturers and contain different protein sources.

All "complete and balanced" pet foods, even the ones made of the best ingredients, contain a premixed vitamin/mineral supplement. This is needed because many of the nutrients present in the food ingredients are destroyed in the manufacturing process.

The point is many of us have been conditioned to feed our dogs the same food day in and day out. Some manufacturers and veterinarians say it is pointless to change a dog's food. But a dog who eats the same diet everyday may end up with nutrient deficiency or imbalance. Switching from one source of protein to another occasionally can help prevent the development of food allergies.

When switching foods, spend a few days replacing the old food with the new gradually. This gives the dog's digestive bacteria time to adjust to its new job. Don't hesitate to discontinue feeding any food your dog has a bad reaction to, no matter how much you trust its manufacturer.

The hallmarks of high-quality food include:

Superior sources of protein - either whole fresh meats or single-source meal

(ex. Chicken meal rather than poultry meal)
A whole meat source as one of first two ingredients

Whole, unprocessed grains, vegetables and other foods.

Foods to avoid:

Those containing meat by-products Artificial preservatives (BHA, BHT or Ethoxyquin) Artificial colors and sweetners

 $^{"}$ I picture each day as if it were a happy dog looking at me. I may not be in the mood. But the dog always wants to play. Trust the dog. $^{\prime\prime}$

-- John Patrick Shanley, playwright

Till next time,

Ponnie

Minutes (May 5, 2015)

submitted by Karen Sodrick

President's Report

Classes will move to the Shikellamy State Park Marina on Tuesday, May 19. Advanced Classes will be held at 6:15-7:00 and Beginners Class at 7:15-8:00. In case of inclement weather classes will meet Wednesday during the same time periods. Notification will be by email or on our website.

Everyone must sign the tablet before class as our insurance covers members while we are training at the park. Please be aware of other visitors to the park and always have your dog under control. If anyone, child or adult, wishes to pet your dog instruct them to approach from the side instead of face to face. Also, as warmer weather approaches please have water available for your dog.

Saturday May 9 we are at the Mt. Carmel Lions Club Street Fair from 10:30-11:00. Please plan to be there by 10:15 if you plan on attending. Everyone enjoys visiting with our dogs and we also receive a donation from the Lions.

Also on Saturday there is a Blessing of the Animals Pet Fair in Mifflinburg United Methodist Church on Market Street from 10:00 -2:00. Marjean will be in charge of our table there and it would be nice if some of our dogs were there also.

We still need people to sign up to carry the flag in the Lewisburg 4th of July Parade on Saturday, June 27. Any help would be appreciated.

Marjean will begin her Star Puppy Class on May 19th and the class is full. There is a waiting list if you know of anyone interested.

Respectfully submitted by Karen Sodrick



Notes and Notices



It is nice to be back at the Shikellamy State Park Marina with our training classes. Marjean has a nice group in her AKC Star Puppy, Sara is working with CGC and therapy people, I am with the Advanced group and new dogs over 1 yr. We will have a lot of distractions which will help keep our dogs focusing on us.

We welcome new members:

Kim Harmon from Sunbury with Goldendoodle, Rylee; Nina Rosengrant from Northumberland with Terrier Mix, Sheldon; Tammy Foulds from Selinsgrove with Terrier Mix, Bailey; Rick Reigel & Cory from Northumberland with Terrier Mix, Cooper; Kiley Moyer & Debbie from Northumberland with Boxer Mix, Finnegan; Trish Kuenzie from Selinsgrove with French Bulldog, Sebastian; Sunday Zarko from Wilburton with Golden Retriever, Erie; Mike & Sue Magennis from Mt. Carmel with Bichon, Gus and Shih Tzu, Yoda; Kathryn & Jeff Reed from Sunbury with Lab Mix, Filly; Holly Heller from Newport with Whoodle, Dazy; Samantha Zechman-Nichols from Selinsgrove with Boxer, Rigby.

Everyone coming to Class should sign-in at the table each week.

I still need help with carrying the flag in the Union County 4th of July Parade on Sat. June 27. (without dogs) We are at the beginning of the parade which moves at 10:00am. I ask everyone to be at the corner of Market St. (Rt. 45) and 8th St. (down from the Lewisburg High School) by 9:15am. Dress should be khaki slacks or shorts and navy shirt. If you wish to view the parade you will be able to enjoy the entire parade since we are at the very beginning.

Sally & Gail are conducting a Trick Class and if anyone is interested let them know.

An event sponsored by Rescue Road Warriors which provides transportation to rescues, foster & permanent homes is being held at Hufnagle Park on Sat. June 6 from 10am to 3pm.

Events include: 10:30am - K9 Hero Haven Demo

11:00am - Caz Russell & Dog Chilli 12:30pm - Dog Obstacle & Agility

2:00pm - Dog Show - Contest Photogenic, Trick, & Best Dressed

UPCOMING THERAPY VISITS AND CLUB ACTIVITIES

June 3 (Wed)	Riverwoods	10:00am
June 4 (Thurs)	Maria Joseph Manor	1:00pm
	Geisinger Rehab, Health South	2:00pm
June 8 (Mon)	Grayson View, Selinsgrove	6:30pm
June 10 (Wed)	Riverwoods	10:00am
June 11 (Thurs)	Shamokin Hospital	1:00pm
	Life Geisinger	1:45pm
	Building Bridges	2:15pm
	Northwestern Academy	2:45pm
June 16 (Tues)	Low Security Prison, Allenwood (NCIC only)	12:00pm
June 17 (Wed)	Riverwoods	10:00am
June 18 (Thurs)	Sunbury Community Hospital	1:00pm
	Mansion Nursing Home	2:00pm
	Sunshine Corners, Manor Care	2:45pm
June 22 (Mon)	Nottingham Village, Northumberland	6:30pm
June 24 (Wed)	Riverwoods	10:00am
June 25 (Thurs)	Holy Family Convent	1:00pm
gane 20 (That's)	Geisinger Rehab, Health South	2:00pm
	Geisinger Renas, Fleuren South	2.00pm
June 27 (Sat)	Union County 4th of July Parade (forming at Market St.	
	Rt. 45) and 8th St. (down from Lewisburg High School)	9:15am
July 1 (Wed)	Riverwoods	10:00am
July 2 (Thurs)	Emmanuel Nursing Home, Danville	1:00pm
July 2 (Illuls)	Geisinger Rehab, Health South	2:00pm
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13 20 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 = 9:15 AM Union County 4th of July Parade SMTWTF 26 27 28 29 30 31 Saturday = 1:00 PM Emmanuel Nursing (Independence Day (observed) (Independence Day 1 2 3 4 5 6 14 15 16 17 18 19 20 21 22 23 24 25 26 27 7 8 9 10 11 12 1 SMTWTF 12 19 26 28 29 30 Friday 3 4 5 6 7 8 9 10 11 12 13 14 15 16 24 25 26 27 28 29 30 17 18 19 20 21 22 23 ш SMTWT 11
= 1:00 PM Shamokin Hospital
= 1:45 PM Life Geisinger
= 2:15 PM Building Bridges
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Academ. 18 - 1:00 PM Sunbury Communi-ty Hognifal = 2:45 PM Sunshine Corners Manor = 2:00 PM Geisinger Rehab, Health South ty Hospital - 2:00 PM Mansion Nursing vent = 2:00 PM Geisinger Rehab-Health South Home = 2:00 PM Geisinger Rehab, Health South - 1:00 PM Holy Family Con-31 = 1:00 PM Maria Joseph Thursday 10 24 17 - 10:00 AM Riverwoods - 10:00 AM Riverwoods = 10:00 AM Riverwoods = 10:00 AM Riverwoods = 10:00 AM Riverwoods Wednesday 16 23 30 Class = 7:15 PM Beginner Training = 6:30 PM Nottingham Village = 6:15 PM Training = 6:45 PM AKC Star Puppy 6:15 PM Training6:45 PM AKC Star Puppy 6:15 PM Training6:45 PM AKC Star Puppy = 6:15 PM Training = 6:45 PM AKC Star Puppy 6:15 PM Training6:45 PM AKC Star Puppy = 12:00 PM Low Security Prison, Allenwood (NCIC Tuesday Class Class Class only) 15 29 -6:30 PM Grayson View Monday Susquehanna Trail Dog Training Club 28 14 21 Sunday US Holidays Father's Day Flag Day